

Dr. Jill

DR. JILL'S MIRACLE MOLD DETOX BOX 30-DAY KIT

Your Functional Medicine Expert®
Jill Carnahan, MD ABIHM, ABoIM, IFMCP



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INTRODUCTION:

Detoxifying mold from the body is challenging and can pose a considerable problem for those experiencing mold toxicity. For this reason, Dr. Jill Carnahan teamed up with Dr. Christopher Shade and Quicksilver Scientific® to create an effective yet gentle, comprehensive 30-day mold detox kit. This protocol encourages effective detoxification by combining Dr. Shade's Liver Sauce®



(a nanoemulsified blend of bile-moving bitter herbs, mast cell stabilizers, milk thistle, and R-Lipoic acid) with liposomal glutathione, B vitamins, and pure phosphatidylcholine. The addition of NAD+ Gold® plays a crucial role in super-charging ATP to support recovery while improving mitochondrial health and function. Quinton® sea minerals are included to support remineralization and electrolyte balance. To avoid recirculation of toxins, Ultra Binder® Sensitive Formula completes phase III of detoxification by 'catching' toxins in the GI tract for safe elimination from the body.

DIRECTIONS:

Twice per day on an empty stomach. Cycle 5 days on and 2 days off.

Please follow the dosage schedule, taking liposomal products in order from top to bottom. The "A.M." dose is best taken first thing in the morning about 1 hour before food; the "P.M." dose can be taken 1 or more hours before dinner.

FOR THE HIGHLY SENSITIVE: Start with half the recommended dosing and work up to full dose if well tolerated.

REPEAT 30 DAY PROTOCL AS NEEDED: For mold exposure, this protocol may need to be followed for 4-6 months.

Note: Because Ultra Binder® contains activated charcoal and other binding agents, it may affect the absorption of medications. Because of this, it should be taken at least two hours before or after prescription medications.

Disclaimer: *This system is not intended to diagnose or treat any disease. The dosing schedule is designed to serve as a guide and should not supplant guidance concerning the use of these supplements provided by your healthcare practitioner.*

DOSING SCHEDULE WEEK 1-4**Twice per day on an empty stomach. Cycle 5 days on and 2 days off.**

	A.M.	30 minutes later	Midday	30 minutes later
QuintEssential® 3.3	1 sachet			
QuintEssential® 0.9			1 sachet	
Liposomal Glutathione Complex	1/2 tsp		1/2 tsp	
Dr. Shade's Liver Sauce®	1/2 tsp		1/2 tsp	
NAD+ Gold®	2 pumps		2 pumps	
Ultra Binder® Sensitive Formula*		1 tsp mixed with water		1 tsp mixed with water
*It is important to drink adequate water when taking charcoal-containing supplements				

Add-on Products	Dosage
H2 Elite	2 tablets three times a day
Microb-Manager™	Add 1 softgel to your AM and midday protocol

DR. JILL'S MIRACLE MOLD DETOX PRODUCTS



LIPOSOMAL GLUTATHIONE COMPLEX

An antioxidant and liver support blend of reduced glutathione, milk thistle, and B vitamins providing powerful detoxification assistance. Glutathione is a master detoxifier and the body's main endogenous antioxidant. A complete suite of B-complex vitamins provide support for cellular and hepatic function. Nanoemulsified milk thistle stabilizes and protects the liver during this time of high activity.



DR. SHADE'S LIVER SAUCE®

This blend of bitter herbs, R-Lipoic Acid, DIM, milk thistle, quercetin, and luteolin works synergistically to support the liver and gallbladder axis. It supports all three phases of detoxification, with special attention to bile flow, while encouraging a healthy immune response.



QUINTESSENTIAL® 0.9 & QUINTESSENTIAL® 3.3

A nutrient-rich raw marine fluid harvested from protected plankton-rich ocean blooms. Over 78 essential minerals and trace elements support remineralization and electrolyte balance during detoxification.



NAD+ GOLD®

A powerful liposomal regenerative formulation of Nicotinamide Mononucleotide (NMN) and Trimethylglycine (TMG) to super charge mitochondrial health and cellular ATP generation supporting energy, recovery, and maximum detoxification potential.



ULTRA BINDER® SENSITIVE FORMULA

A powder binder formulation effectively supporting phase III detoxification, safely 'catching' toxins in the GI tract for safe elimination from the body. The formula includes bentonite clay, activated charcoal, zeolite, and chitosan. Acacia gum, a prebiotic fiber, is added for its soothing, healing effect, and aloe vera soothes the gastric mucosa, reducing constipation, which can be common when

OPTIONAL ADD-ONS:



H2 ELITE

Molecular hydrogen is a unique detoxifying molecule. It benefits antioxidant status, energy and metabolism, and encourages a balanced inflammatory response.



MICROB-MANAGER™

A potent combination of compounds and botanicals offering systemic, microbial balance while helping shift a disordered immune response. The synergistic blend of ingredients includes artemisinin, berberine, and andrographis, with support from boswellia, curcumin, quercetin, and cannabidiol to stabilize mast cell activity and promote a balanced inflammatory response to infection.

For more information about the complete line of Quicksilver Scientific products, please visit our website at www.quicksilverscientific.com.

For additional information about Dr. Jill Carnahan, please visit www.jillcarnahan.com.

NOTES

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QUICKSILVER SCIENTIFIC®

Quicksilver Scientific® is a leading manufacturer of advanced nutritional systems with a focus on detoxification. We specialize in superior liposomal delivery systems and heavy metal testing to support optimal health. Our advanced liposomal supplements are highly absorbable and support the body in the elimination of the broad range of toxins we're exposed to, helping you restore the full expression of your health.

At Quicksilver Scientific®, we are passionate about health and well-being and are committed to improving the lives of everyone we touch.

www.quicksilverscientific.com

Quicksilver Scientific, Inc. • 1960 Cherry Street • Louisville, CO 80027

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